HUMAN EVOLUTIONARY ACADEMY

A HOLISTIC, SOMATIC & TRAUMA-INFORMED EMBODIMENT EDUCATION IN TANTRIC SEXUALITY, INTIMACY AND EMBODIED FEMALE LEADERSHIP

Somatic Tantric Sexologist

The Women's Edition + Exclusive Soul Business Support

Mainly led by founder Riihannon Wilde

18 MONTHS · 5 IN-DEPTH LIVE MODULES · 1 LIVE CERTIFICATION MODULE
MAXIMUM TEN WOMEN · VILLA SANCTUARY, FYN · STARTING JANUARY 2027

Table of Contents

A Welcome from the Founder 3

Program Overview 5

Villa Sanctuary 6

Life at the Villa 8

Becoming True Power 10

The Three Aspects of Your Journey 11

How HEA Tantric Sexology Differs 12

What the Education Consists Of 13

The Professional Methodology 14

Timeline 16

What You Receive 17

Your Soul Business 18

The Modules 20

Supervision & Certification 23

Held by Women 24

Guest Experts 25

Previous Students Share 26

HEA Embodied Leader Community 28

A Letter from Riihannon 29

Apply: Step Into Your Tantric Sexologist Path 30

An 18-Month Journey for Women in Personal Embodiment, Professional Mastery and Embodied Leadership

A world-leading holistic, somatic and trauma-informed embodiment education in tantric sexuality, intimacy and embodied leadership.

The Tantric Sexologist Professional Embodiment Education™ unites embodied leadership, tantric sexuality, body-based trauma and sexual trauma rewiring, shadow work, conscious relating, intimacy and de-armouring.

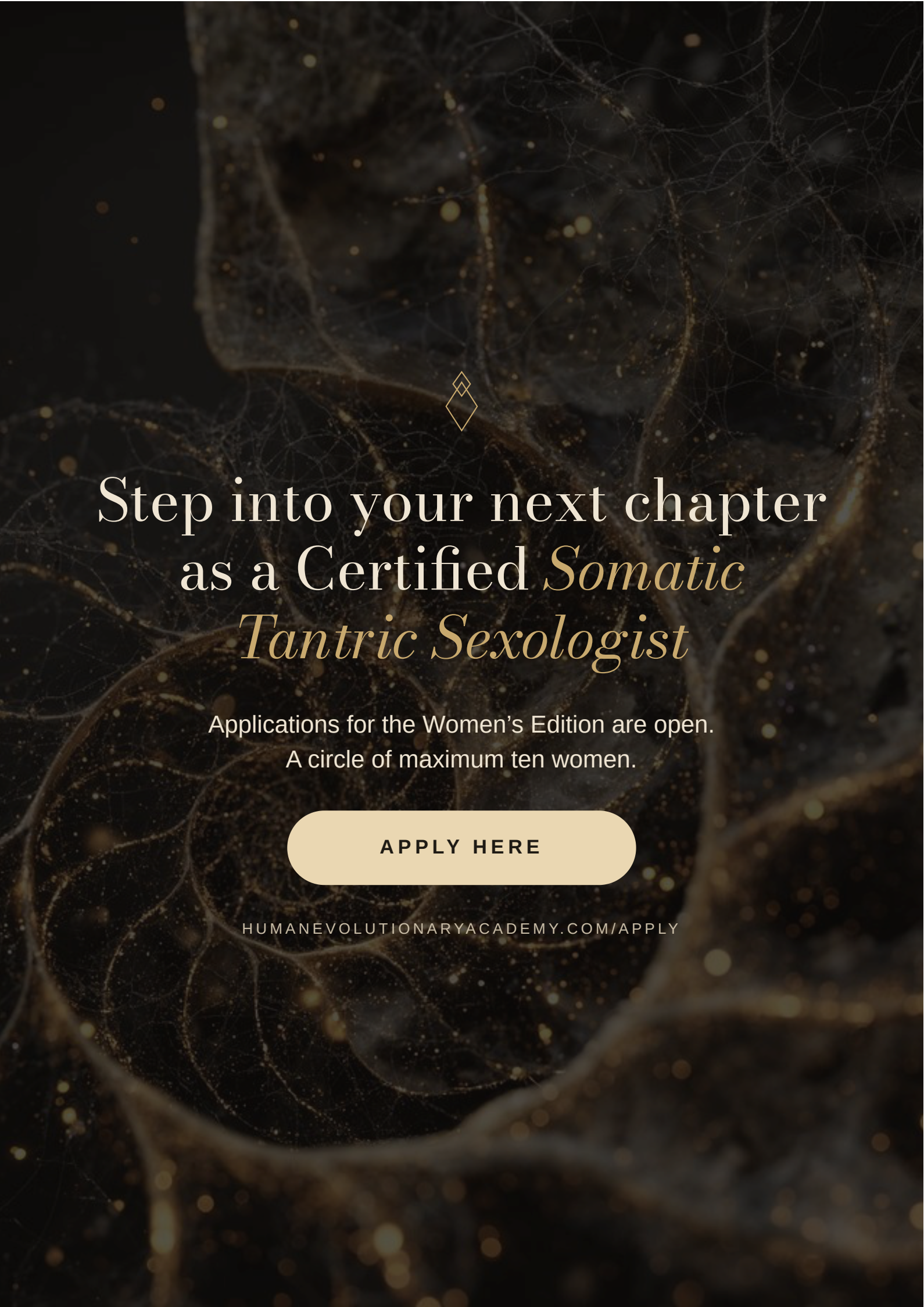
It gives you a solid professional methodology to work with integrity - built on your own deep personal embodiment - and support to build or expand your soul business.

The Women's Edition is held as an intimate circle of maximum ten women at Villa Sanctuary on Fyn, Denmark.

This document shows you what you actually learn. On the following pages you will find the full table of contents from the educational material of each of the five modules.

Riihannon Wilde

- With love, Founder of Human Evolutionary Academy

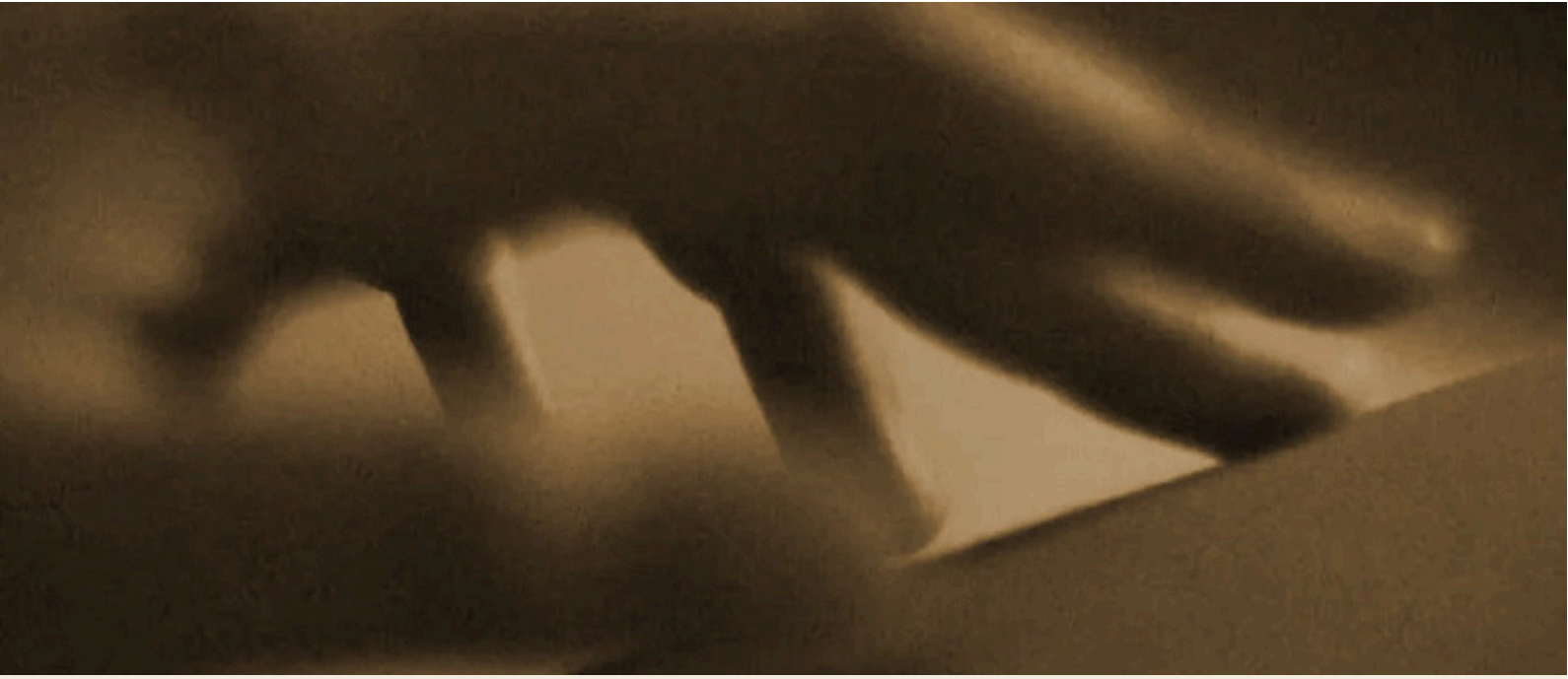


Step into your next chapter as a Certified *Somatic Tantric Sexologist*

Applications for the Women's Edition are open.
A circle of maximum ten women.

APPLY HERE

HUMANEVOLUTIONARYACADEMY.COM/APPLY



PROGRAM OVERVIEW

Master the art of 1:1 work and the group field.

Over 18 months you journey through **five in-depth live modules** at Villa Sanctuary and a **live certification module** - held together by 15 online group calls, 1:1 mentoring, buddy groups and your own embodiment practice. Supervision is woven in throughout, and Soul Business support runs alongside the entire journey.

PLEASE NOTE

This is **not a couples therapy education**. You learn the art of 1:1 somatic work, how to read and hold the group field - and you receive methods for somatic tantric couples work.

Who the education is for

Purpose-driven women - leaders, facilitators, therapists, sexologists and bodyworkers - who are ready for embodied depth and professional expansion in the field of somatic, holistic sexology. You are 25+ and bring significant experience in the field or a deep personal embodiment practice.

- Have received therapy, bodywork or de-armouring yourself
- Have client-facing work experience
- Are willing to engage in your own shadow work
- Bring high personal responsibility and commitment

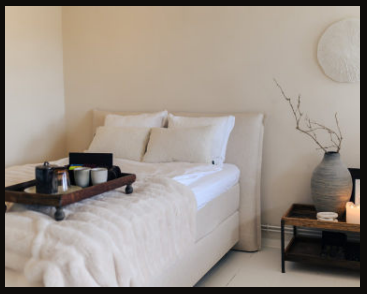
Villa Sanctuary

A sanctuary for ten women

FYN · DENMARK

Every module takes place in a private villa surrounded by fields and forest - a space created for deep embodiment work, rest and integration.

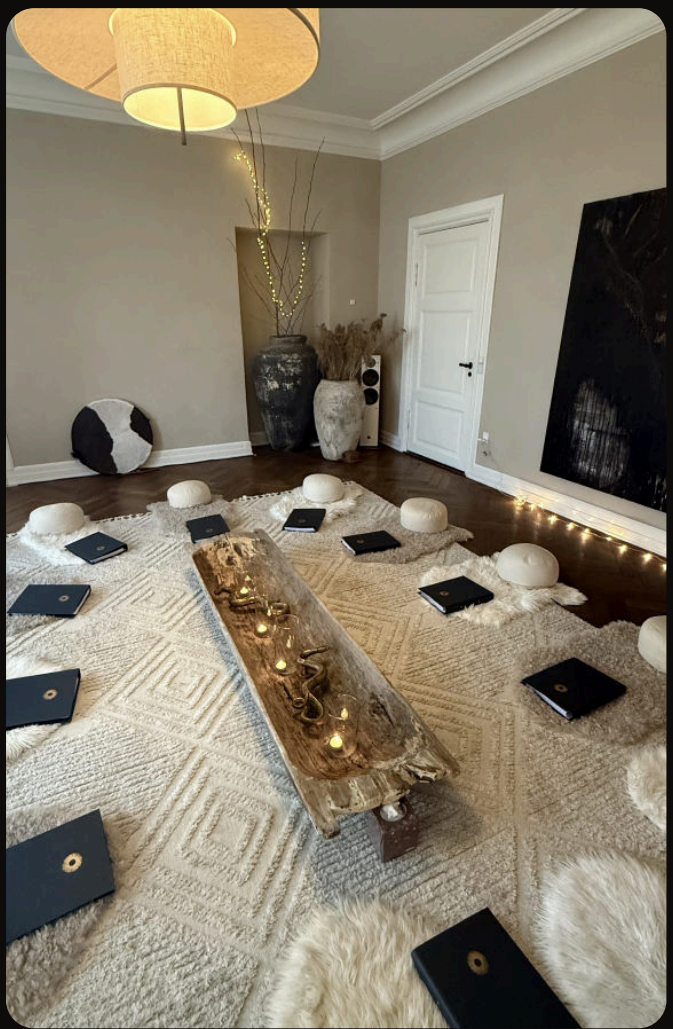
- Beautiful, high-quality shared and private rooms
- A wellness area with sauna, infrared and vibration plate
- Access to gym facilities
- Nourishing food throughout
- Tailored 1:1 attention
- In nature

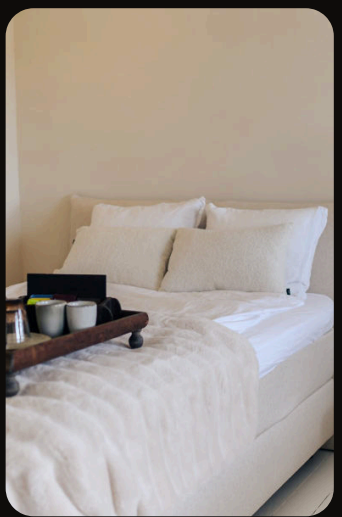


VILLA SANCTUARY · THE SPACES

A house created for depth

Candlelight, fire, soft textures and quiet rooms - where the work can land.

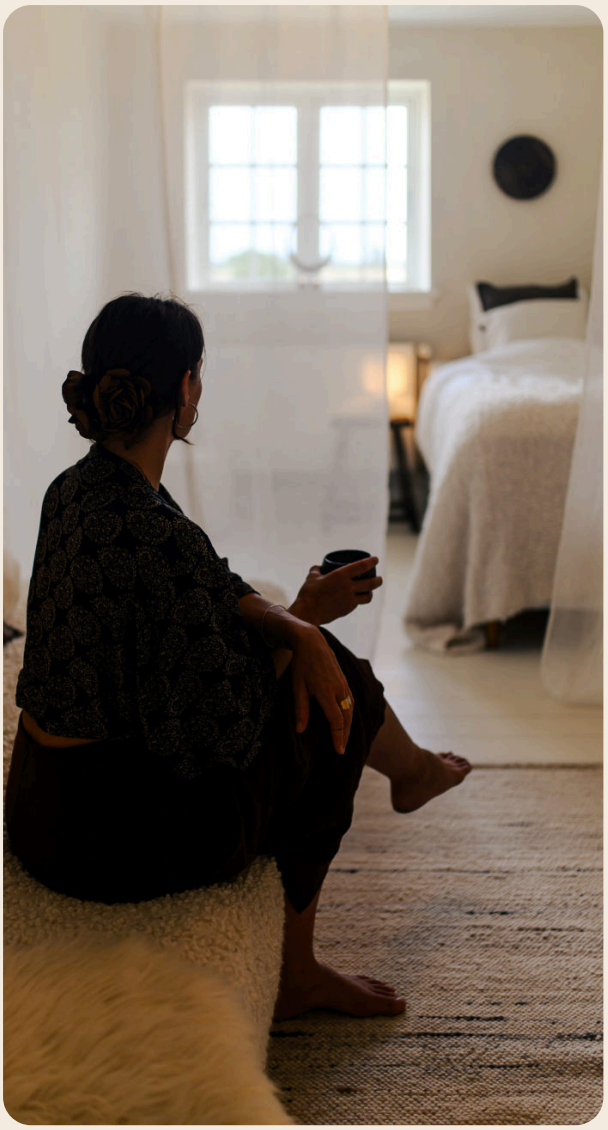


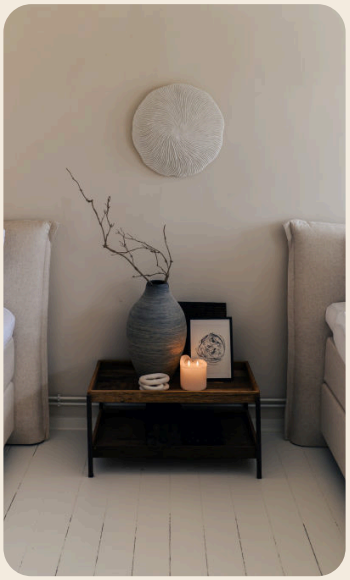


LIFE AT THE VILLA

Rest, nourishment & beauty

Between the sessions, the house holds you. Soft light, quiet rooms, fire in the stove, nourishing food and nature outside every window - so your body can rest deeply and integrate what moves in the work.





NOURISHED THROUGHOUT

Seasonal, plant-rich food made with care - meals that are part of the healing.

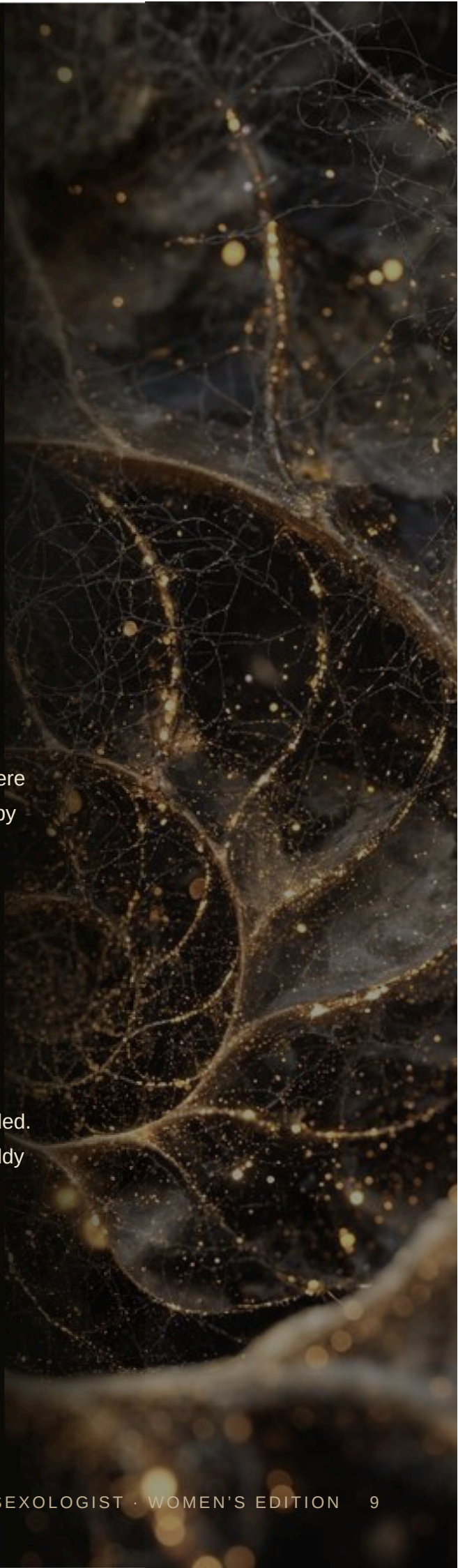
Shared and private rooms · Sauna and wellness area · Fire, candlelight and forest walks

The education is intentionally structured as a progressive embodiment journey.

You begin with your own ground - your trauma story, your shadows, your sexuality and your nervous system. From there you build a trauma-informed professional practice, module by module, through client practice, supervision, feedback and mentoring.

In the final stage everything comes together in service to essence: guiding clients, holding group fields, leading from surrender and birthing your soul business.

The live modules take place at Villa Sanctuary on Fyn, Denmark, with accommodation and nourishing meals included. Supervision is woven into the modules, online calls and buddy groups.



THE WOMEN'S EDITION

Becoming True Power

In times of collective change and chaos, women coming together is one of the most regulating things there is. Something in our biology remembers it: sitting in circle around the fire, sharing, listening and harvesting wisdom. This is where female leadership is evolving now - not doing everything alone, but rising together. In this intimate container, the journey becomes a return and a becoming, through embodiment and through each other.

- A woman who no longer carries everything on her own
- A woman rooted in mature sisterhood, with a completely shifted relational field
- A woman who supports and celebrates other women
- A woman who transmits her embodiment, wisdom and power deeply into the world

For this to happen, a woman needs to be truly met by other women. This is what we make this round of Tantric Sexology about.

THE PROFESSIONAL FOCUS

Female tantric sexuality as the ground

The yoni, the cervix as a sacred portal, peak and valley orgasms and self pelvic de-armouring.

A safe field for sexual trauma

More safety to meet what lives in the body, held in a women-only circle.

The feminine pathways to essence

Light and Dark Feminine practice: devotion, ritual, emotional expression and nature.

Polarity from a woman's body

Masculine and feminine aspecting, and the polarity alive inside you.

A professional focus on women

Sessions, mapping and methods tailored to women, couples and women's groups.

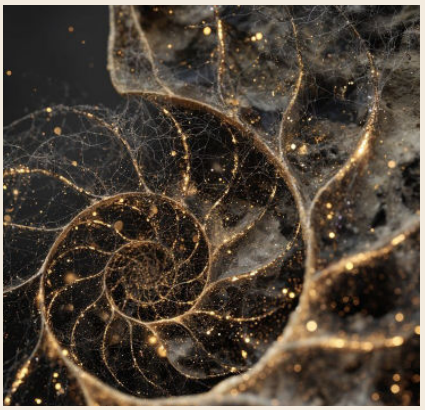
Leading as a woman

Surrendered leadership, holding women's circles and birthing your soul business.

The curriculum still includes work with men and couples. Where it serves the work, we invite selected guest experts - and at times male practitioners - into specific practices.

The Three Aspects of Your Journey

PERSONAL EMBODIMENT



PROFESSIONAL EMBODIMENT

SOUL BUSINESS & SURRENDERED LEADERSHIP

A Tantric Sexologist can only guide what she has embodied herself. That is why your journey unfolds on three levels at once.

Level 1 Personal embodiment	Your trauma story, shadows, tantric sexuality - from peak to valley orgasms - conscious relating and connection to essence. You de-armour, learn to regulate your nervous system and feel safe in your authentic expression.
Level 2 Professional embodiment	40+ exclusive Tantric Sexology methods, professional sessions, client practice, supervision, feedback and mentoring. A solid, trauma-informed professional foundation.
Level 3 Soul business expansion & surrendered leadership	This is where your work meets the world. Through the full Soul Business support - the Creating Your Soul Business course, the Soul Business Collective, mastermind calls and a private 1:1 session - you craft your signature offer, price it from your worth and find your visibility. Leading from the full depth of your being, you start or expand a soul business that does not depend on you doing it all yourself.

HOW TANTRIC SEXOLOGY DIFFERS

from other sexology educations

ASPECT	TYPICAL SEXOLOGY TRAININGS	HEA TANTRIC SEXOLOGIST EDUCATION
Duration	Weeks to 1 year	18 months, comprehensive
Foundation	One focus area (clinical OR somatic OR spiritual)	Integration of science, somatics, embodiment and spiritual wisdom
Holistic Integration	Mostly single-focus	Works with all layers: body, emotion, energy, mind and essence
Trauma Approach	Theoretical or limited practical application	Trauma-informed at the core, with somatic facilitation and comprehensive nervous system training
Student Embodiment	Minimal to moderate	70% embodiment-based: a non-negotiable personal journey
Working Approach	Symptom treatment, diagnosis or coaching	Root-level somatic guidance into the client's own wisdom
Shadow Work	Limited or absent	Deep emphasis: an entire module plus ongoing integration
Professional Boundaries	Variable emphasis	High-integrity mission with ongoing supervision
Practitioner Preparation	Theoretical knowledge	You can only guide what you have embodied yourself
Curriculum	Most often based on others' books	Our own 400+ page material - a unique body of work based on 40 years of experience, plus an intentional literature list
Certification	Based on attendance	Based on real embodiment and readiness

WHAT DOES THE EDUCATION CONSIST OF

Nine streams of knowledge, woven into one embodied, trauma-informed professional methodology.

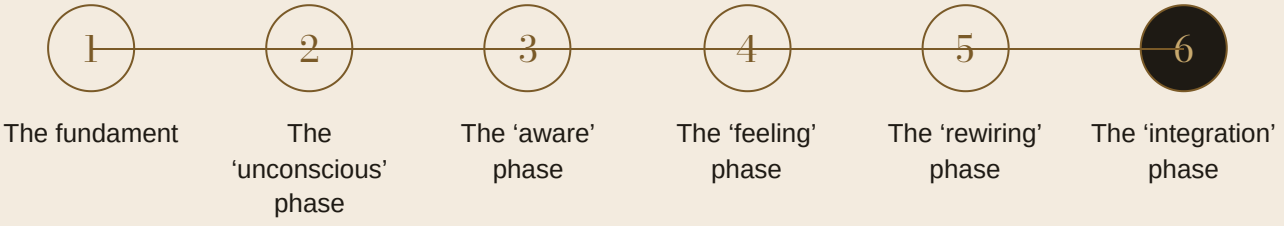
The Tantric Sexology Model

Every session, every method and every module rests on the same ground: the Tantric Sexology values, principles and model. At its heart are the **Five Variables of Tantric Sexuality** - introduced in Module 1, deepened in Module 3 and used as your session roadmap in Module 5.

WORKING TRAUMA-INFORMED

The complete arc from armour and wound to integrated wisdom

In Module 2 you learn the Tantric Sexology approach to working trauma-informed - a phased path that lets you meet each client exactly where they are, including when navigating sexual trauma.



Guiding Sessions as a Tantric Sexologist

You learn the role and scope of practice of a Tantric Sexologist, and one clear, repeatable structure for every client session - whether you work 1:1, with couples or with groups.

01

Client type

Who is in front of you, and what do they need?

02

Intention & boundaries

A clear, consented container for the work.

03

Mapping

Nervous system, timeline, polarity and relationship body.

04

Intervention

The right method from your toolbox, levels 1-4.

MAPPING TOOLS

- Nervous system
- Sexual timeline
- Polarity
- Relationship body
- The life wheel

40+
PROFESSIONAL METHODS

400+
PAGES OF ORIGINAL MATERIAL

4
LEVELS IN YOUR COMPLETE TOOLBOX

The Five Variables become your session roadmap - so every intervention is rooted in presence, not performance.

Timeline

19 NOVEMBER 2026

First group meeting & landing

Online · plus your invitation to our group app, entering our collective circle space

JAN - FEB 2027

1:1 Preparation

A private 1.5-hour online session with Riihannon

JAN - FEB 2027

First teaching calls

Online · plus your sexual timeline and trauma body mapping

3-7 MARCH 2027

Modules 1 & 2 - The Tantric Sexology Foundation & Trauma Awareness

Villa Sanctuary

2-6 JUNE 2027

Modules 2 & 3 - Trauma Awareness & Shadow Work

Villa Sanctuary

1-5 SEPTEMBER 2027

Module 4 - Tantric Sexology I

Villa Sanctuary

1-5 DECEMBER 2027

Module 5 - Conscious Relating

Villa Sanctuary

1-5 MARCH 2028

Module 6 - Tantric Sexology II, Soul Business & Surrendered Leadership

Villa Sanctuary

6-11 JUNE 2028

Certification Module

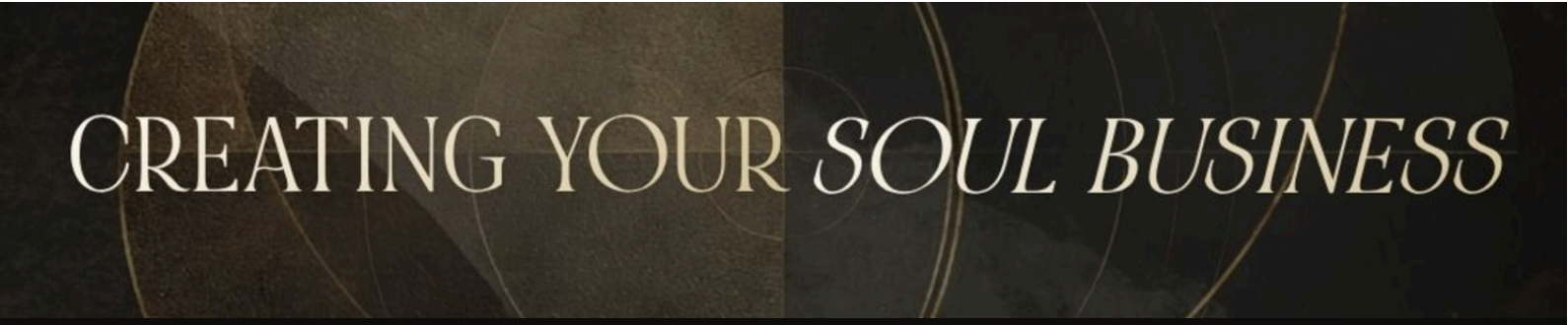
Live · location to be confirmed

The full content of all six modules in five in-depth live modules, plus a live certification module. Modules 1 & 2 are woven together in March, and Modules 2 & 3 in June. Accommodation and nourishing meals are included at all live modules at Villa Sanctuary, Fyn, Denmark. Supervision is woven into the modules, online calls and buddy groups.

What You Receive

- Five in-depth live modules, plus a live certification module
- A private 1.5-hour online 1:1 session before the first module
- 4 × 30-minute 1:1 mentor calls to guide you towards certification
- 15 online group calls (1.5 hours each)
- Supervision woven into the modules, calls and buddy groups
- Buddy groups throughout
- Around 400 pages of original educational material
- 40+ professional methods for working with clients
- Online teaching portal with video library, and the HEA community
- Accommodation in beautiful shared and private rooms, nourishing meals and a sauna and wellness area
- Soul Business course, Collective and mastermind calls with Riihannon
- On certification: the Certified Tantric Sexologist trademark, a listing on our website, referrals and the HEA network

5	15	40+	10
LIVE MODULES	GROUP CALLS	PROFESSIONAL METHODS	WOMEN, MAXIMUM



SUPPORT THROUGHOUT

Your Soul Business, held all the way

Becoming a Tantric Sexologist is also about bringing your work into the world. Alongside the education you receive the full Soul Business support - from day one, and throughout the journey. In an all-women circle, we weave the soul business path much deeper into the Tantric Sexology journey.

I — Creating Your Soul Business course

Your resource library and returning point on Kajabi - from the ground out and the inside out, from startup to legacy level. Lessons, transmissions and PDFs with integration tasks.

II — The Soul Business Collective

An interactive online community group where you connect with HEA practitioners, share your journey and join all live calls.

III — Soul Business mastermind calls

Live mastermind calls with Riihannon - to bring your offers, your visibility and your next steps.

IV — A private 1:1 session

A 1.5-hour online session with Riihannon that you can use for your Soul Business - or for your own embodiment journey.

You are supported as you build your practice.

VALUE 39,000 DKK · INCLUDED IN YOUR EDUCATION

Building a Soul Business in Times of Change

People are tired of more information. What they are looking for now is presence, safety, embodiment and real human connection. In the Soul Business support we work with crafting offers that meet this - offers that resonate now, and that are sustainable for you.

I
Deep embodied journeys and trainings
Journeys that create real transformation - and the capacity to guide a deep journey in a trauma-informed way.

II
Intimate, high-touch offers
Small groups, 1:1 immersions and retreats rather than mass programmes.

III
Embodiment over information
Experiences people feel in their body - not more content to consume.

IV
Safety and the nervous system
Work that helps people regulate and feel safe in uncertain times.

V
Trust and relationship
Selling through connection, community and your own embodied presence.

VI
Fewer, deeper offers
One clear signature offer instead of many scattered ones.

VII
Women leading women
Women's circles, retreats and leadership spaces for women who want depth.

IN THE SOUL BUSINESS SUPPORT YOU WILL

Craft your signature offer, price it from your worth, find your channel and visibility - and build a business that does not depend on you doing it all yourself.

THE MODULES

Five in-depth live modules. One certification module.

1

3-7 MARCH 2027

The Tantric Sexology Foundation

Building the ground you stand on

The Tantric Sexology model, the Five Variables, becoming your own best lover and your first professional methods - and the beginning of trauma awareness, with your own body as the ground.

The Five Variables | Your own best lover | First methods

2

2-6 JUNE 2027

Trauma Awareness & Shadow Work

From shadow to power and connection

How trauma lives in the body, navigating sexual trauma, nervous system regulation and HEA De-Armouring - and meeting the dark and golden shadow, projection, anger and desire.

Sexual trauma | De-Armouring | Shadow work

3

1-5 SEPTEMBER 2027

Tantric Sexology I

Deeper into body, energy and tantra

The chakra system, peak and valley orgasms, the microcosmic orbit and kundalini, and female energy anatomy.

Chakras · Orgasmic potential · Female anatomy

4

1-5 DECEMBER 2027

Conscious Relating

Pleasure, intimacy and soul-level connection

The relationship body, the seasons and polarity of love, and methods for somatic tantric couples work.

Polarity · Seasons of love · Tantric couples work

5

1-5 MARCH 2028

Tantric Sexology II, Soul Business & Surrendered Leadership

Bringing it all together in service to essence

Guiding clients 1:1, holding the group field, the Light and Dark Feminine pathways, surrendered leadership and birthing your soul business.

Guiding clients · The group field · Soul business

6-11 JUNE 2028

The Certification Module

A live module of integration and initiation

A live module where everything you have embodied comes together - practical assessment, integration and the ceremony that welcomes you as a Certified Somatic Tantric Sexologist.

Live assessment · Integration · Ceremony

The syllabus is a living map and may change according to what the group and the field need. The full detailed syllabus is available on request.

Supervision & Certification

SUPERVISION, WOVEN IN

You bring your practice sessions and client work, receive feedback and deepen your professional practice in a supervised, trauma-informed setting - woven into the whole journey, with the possibility of extra days at Villa Sanctuary on later modules.

LIVE

During the modules

Villa Sanctuary

BETWEEN MODULES

In your buddy group

Peer practice & feedback

ONLINE

In online teaching calls

With the facilitators

6-11 JUNE 2028

CERTIFICATION MODULE

Certification is based on real embodiment and readiness - not on attendance.

If you need more time, you can also certify later, free of charge.

On certification you receive:

- The right to use the Certified Tantric Sexologist trademark
- A listing on the HEA website
- Client referrals
- A peer supervision network
- Co-creation and facilitation opportunities at HEA events
- The HEA network and community

Held by Women

Embodied female leaders and experts with 40+ years of combined experience hold the circle - live at every module, in 1:1 support and in mentoring.

Riihannon Wilde

FOUNDER OF HEA DE-ARMOURING & HEA TANTRIC SEXOLOGY

Embodiment, trauma and essence expert. Tantric sexology embodiment, de-armouring, trauma and nervous system rewiring, shadow work, soul business, female leadership and creation through surrender and embodiment.

Celestine Andersen

CO-FACILITATOR & EXPERT ON KEY SUBJECTS

Classical tantra, body therapy, tantric massage, sexual trauma rewiring, psychotherapy and couples therapy.

Fie Sommer

CO-FACILITATOR & EXPERT ON KEY SUBJECTS

Somatic and trauma therapy, group field wisdom and facilitation, women's work, sexuality, shadow work and shamanic work.

Female Teacher Trainee Support & Guest Experts

SERVING THE CIRCLE

HEA female teacher trainees support the circle, alongside selected guest experts - and, where it serves specific practices, invited male practitioners.

GUEST EXPERTS · ONLINE MASTERCLASSES

Wisdom from beyond our circle

Throughout the education, selected international experts join us online for **guest masterclasses** - deepening specific themes and bringing their life's work into our circle of women. Masterclasses are held online, not at the live modules.

GUEST EXPERT · ONLINE MASTERCLASS

Dr. Saida Désilets

Founder of Dare Your Desire · Co-founder of Embodied Love University

Saida holds a PhD in Transpersonal Psychology and is a leading voice in embodied psychosexuality and women's sexual sovereignty. She is the pioneer of the modern jade egg practice and the creator of the Désilets Method, and has guided thousands of women worldwide back into desire, pleasure and the intelligence of their bodies.

Author of *Emergence of the Sensual Woman*, *The Illustrious Jade Egg* and *Desire*.

MORE EXPERTS — *to be revealed*

To be revealed

ONLINE MASTERCLASS

To be revealed

ONLINE MASTERCLASS

To be revealed

ONLINE MASTERCLASS

Guest masterclasses are held online and announced to the circle as the journey unfolds.

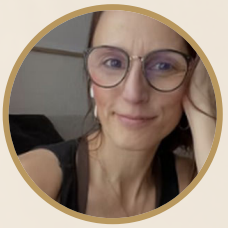
Hear what our graduates share about *Tantric Sexology*

“Working with roots and not only symptoms is so needed in this world as I see it. I feel so empowered to share this journey with so many passionate souls.”

“Being on the Tantric Sexologist education I experience how I am expanding, re-wiring and growing every day. How I get more aligned with myself, my life purpose and the way I want to show up in this life. Witnessing such authentic teachers and listening to their deep wisdom really inspires me to embody the teachings. I see how it helps me to hold a sacred space for clients where I am truly in integrity with myself.”

- ENYA, TANTRIC SEXOLOGIST

“Tantric Sexology education has touched so many layers of my being and truly changed my life. Through this education, I have developed a deeper sense of presence and nervous system capacity. I feel more embodied, connected to my emotions, and able to meet life with authenticity and grounded boundaries.



This path has transformed not only how I relate to myself, others, and sexuality, but to life as a whole. It has brought me home to my body, my truth and my heart. From this place, my professional journey is now beginning to rise as well and it makes me feel more alive in a new and very beautiful way.”

- AURA, FAMILY THERAPIST

ENDORSEMENT FROM AARON MICHAEL

“There’s simply nothing out there like this.”

“I’d always recommend Human Evolutionary Academy because there is simply nothing really out there like this. When I first started exploring sexology educations and programs around the world, and when I looked at the basic sexology degrees offered at universities, frankly, I found them really lacking. When I looked through Human Evolutionary Academy’s curriculum, I could see that you were really offering something different. That’s something that’s really key about the education you’re offering, but also the way that you live.

What’s always drawn me to **Riihannon Wilde and the Human Evolutionary Academy** is the fact that you’ve always had this longer-term perspective on programs. You really help people begin to integrate material and have lasting impact and change, but then also create effect out in the world. Taking the time to put those kinds of educations together takes a lot of meticulous attention.

But that’s exactly what’s needed if we want to dive deep into an education and get hands-on experience that is practical - that you can use whether you’re wanting to strictly realign and go down this career path, or if it’s something that is going to complement the practice you’re already in.”

- AARON MICHAEL, FOUNDER OF EMBODIED LOVE UNIVERSITY & SUCTIONSEX METHOD

HEA Embodied Leader Community

You never walk this path alone. Throughout the 18 months - and long after - you are held by a living community of embodied leaders, practitioners and teachers.

I

Your buddy group

Peer support between modules, to practise, reflect and integrate together.

II

1:1 and group mentoring

Personal guidance from the facilitators as you grow as a practitioner.

III

Soul Business Collective

Access from day one, plus mastermind calls with Riihannon Wilde.

IV

The HEA network

After certification: referrals, peer supervision and co-creation opportunities at HEA events.

A LETTER FROM RIIHANNON

Tantric Sexology asks you to go first - to meet your own armour, shadows and essence, so you can hold others with presence rather than performance.

This education holds everything we have learned about the body, trauma, shadow, sexuality and love - and about what it takes to guide others there with integrity. This round we gather as an intimate circle of maximum ten women at Villa Sanctuary. If you feel the call, I would love to meet you.

With love, Riihannon, Celestine and Fie

Riihannon Wilde

Founder, Human Evolutionary Academy

Ready to apply?

The Women's Edition begins in January 2027,
with the first module on 3 March 2027
at Villa Sanctuary.

YOUR INVESTMENT

€13,300
EDUCATION & CERTIFICATION

+

€3,900
ACCOMMODATION & FOOD

All five live modules at Villa Sanctuary · Total €17,200

Includes Soul Business Support - a value of 39,000 DKK

YES, I'M IN

Still have questions?

Book a free 15-minute call with Riihannon to feel into whether this education is right for you.

BOOK A CALL

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humanevolutionaryacademy.com/tantric-sexology-2026

HUMAN EVOLUTIONARY ACADEMY